



The Fire Starter Sessions: A Soulful + Practical Guide to Creating Success on Your Own Terms

By Danielle LaPorte

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The Fire Starter Sessions is an apathy-kicking, integrity-infusing guide to defining success on your own terms.

As the creator of DanielleLaPorte.com--deemed “the best place online for kick-ass spirituality,” **Danielle LaPorte’s** straight-talk life-and-livelihood sermons have been read by over one million people. Bold but empathetic, she **reframes popular self-help and success concepts**:

: **Life balance is a myth**, and the pursuit of it is causing us more stress than the craving for balance itself.

: **Being well-rounded is over-rated**. When you focus on developing your true strengths, you enter your mastery zone.

: **Screw your principles** (they might be holding you back).

: We have ambition backwards. **Getting clear on how you want to feel in your life + work is more important than setting goals**. It's the most potent form of clarity that you can have, and it's what leads to true fulfillment.

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The Fire Starter Sessions: A Soulful + Practical Guide to Creating Success on Your Own Terms By Danielle LaPorte **Bibliography**

- Sales Rank: #165925 in Books
- Brand: Unknown
- Published on: 2012-04-17
- Released on: 2012-04-17
- Original language: English
- Number of items: 1
- Dimensions: 9.40" h x 1.16" w x 7.63" l, 1.93 pounds
- Binding: Hardcover
- 368 pages

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Editorial Review

Amazon.com Review

Guest Reviewer: Kris Carr on *The Fire Starter Sessions* by Danielle LaPorte

Kris Carr is a New York Times best-selling author of *Crazy Sexy Diet*, the ultimate diet and lifestyle game plan for wellness warriors seeking peak health, spiritual wealth and happiness. A motivational speaker and wellness coach, Kris' inspirational documentary, *Crazy Sexy Cancer*, which she wrote and directed for TLC, led to the groundbreaking *Crazy Sexy Cancer* book series. Her motto: *Make juice not war!*



The Fire Starter Sessions is so can't-put-it-down magnificent that reading it has become a morning spiritual practice for me. This book will re-calibrate your creative life, aligning your genuine self with your passion and purpose. It walks you through everything from defining your vision and managing fear and failure to standing in your full-throttle power while being grateful and giving back. If you've ever wondered "Wouldn't it be amazing if I could...?", then your answer has arrived. The insight (and permission) in these pages will make your heart pound at the thought of your own incredible potential. Most simply put: *The Fire Starter Sessions* is something special -- and you'll feel it in your cells from the first page.

Now let me tell you a little something about Danielle LaPorte. She's a desire doctor, a master at dream excavating and soul resuscitating. Danielle gives big wisdom and gets even bigger results. Her beloved writing style is filled with wit, poetry, tough love and blazing insight. This fiery babe is not only on the mark she's laugh-out-loud funny. Do your soul a favor: crack-open this book. Soak in the brilliance and very, very practical magic that spills across these gorgeous pages. And then... go let your light (and art) shine bright.

Review

"Danielle LaPorte is scary smart, yet so kind and practical that she kindles the fire in you without causing you to feel consumed by the flames. She has the knowledge you need to succeed. Lean in and listen close. What she has to say is what our spirits need to hear."

—Martha Beck, author of *Steering by Starlight*

"The revolution you've been waiting for, it will shake up and wake up every aspect of your life. Danielle LaPorte offers soulful wisdom to create a blueprint for moguls, spiritual rock stars, and lovers of life. Skinny-dip headfirst into this hot and fabulous book. I dare you."

—Kris Carr, author of *Crazy Sexy Diet*

"Danielle's passion leaps off the page, and reading a few chapters of this book will ignite you into action."

—Gretchen Rubin, author of *The Happiness Project*

“Danielle’s work is jam-packed with keen insights and a force of energy that pushes you in invaluable ways. The content is practical and ignites the mind in ways that could change your career and life.”

—Scott Belsky, author of *Making Ideas Happen*

“*The Fire Starter Sessions* is the new, bad-ass *Artist’s Way*.”

—Linda Sivertsen, author of *Generation Green*

“A mesmerizing blend of soul, smarts, and grit, *The Fire Starter Sessions* is a revelation. A virtual road map to a more engaged state of being. One that starts in the heart and burns its way into every fiber of your being.”

—Jonathan Fields, author of *Uncertainty*

“Danielle LaPorte is the rockiest, most authentic, and truly lovely guide to lucrative self-realization I know. Buy this book and find yourself . . . and your future.”

—Rebecca Walker, author of *To Be Real: Telling the Truth and Changing the Face of Feminism*

“LaPorte has made something that’s inherently difficult look easy: makes us aware that the power was with us all along. Harder than it looks. Well done, Danielle.”

—Hugh MacLeod, author of *Ignore Everybody* and *Evil Plans*

“Danielle does something incredibly refreshing with her work: she tells the truth, straight up. Money, failure, power, appreciation—*The Fire Starter Sessions* doesn’t leave anything out of the mix, and Danielle pours it on with a heaping dose of encouragement and possibility thinking.”

—Barbara Stanny, author of *Overcoming Underearning* and *Secrets of Six-Figure Women*

“Fresh, compassionate, practical, sassy, designed (and design is one crucial way that content becomes useful), wise, engaging, and, above all, different.”

—Michael Bungay Stanier, author of *Do More Great Work* and *End Malaria*

“*The Fire Starter Sessions* shows us how to do what the world tells us we can’t: be unapologetic about our deepest desires and live a life beyond our wildest dreams. Danielle reminds us that all the passion and inspiration we’re seeking lies within us—and she guides us to uncover that beautiful fire and share it with the world.”

—Gabrielle Bernstein, author of *Spirit Junkie*

“*The Fire Starter Sessions* is a modern masterpiece that will impact millions of lives, for generations to come. It’s outrageously inspiring, wise, and actionable. I simply cannot recommend it enough. Prepare for a religious experience. You’re going to fall in love with this book.”

—Marie Forleo, MarieForleo.com

“I don’t know about you, but a spreadsheet has never made my hair stand on end, my pulse race, and my brain surge with creative ideas. Read this book and weep—with relief and joy—that you don’t have to check your soul and humanity at the door to get killer business results.”

—Pamela Slim, author of *Escape from Cubicle Nation*

“Danielle has a real voice. She puts out her true beliefs without sugarcoating ideas to placate folks.”

—Yvonne Bynoe, author of *Who’s Your Mama?: The Unsung Voices of Women and Mothers* and *Encyclopedia of Rap and Hip Hop Culture*

“Danielle is one serious Fire Starter, and you’ll be one, too, after reading this masterpiece. For best results, read in your igloo and emerge with a suntan.”

—Chris Guillebeau, author of *The Art of Non-Conformity*

About the Author

A former think tank exec, business strategist and publicist, and a member of Oprah's SuperSoul 100, **Danielle LaPorte** is one of the most popular—and original—personal development and career-advice writers online. Forty-something, tattooed, and versed in Buddhism and P&L statements, Danielle is a gifted motivational speaker, and has been featured in *Elle*, *Body + Soul*, *More*, *Vogue Australia*, *Better Homes and Gardens*, *Globe and Mail*, the *National Post*, *Huffington Post*, *Entertainment Tonight*, *USA Today* and *BusinessWeek.com*.

Users Review

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Debbie Gagnon:

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