



Principles and Practice of Psychiatric Rehabilitation, First Edition: An Empirical Approach

By Patrick W. Corrigan PsyD, Kim T. Mueser PhD, Gary R. Bond PhD, Robert E. Drake MD PhD, Phyllis Solomon PhD

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This comprehensive, authoritative text provides a state-of-the-art review of current knowledge and best practices for helping adults with psychiatric disabilities move forward in their recovery process. The authors draw on extensive research and clinical expertise to accessibly describe the “whats,” “whys,” and “how-tos” of psychiatric rehabilitation. Coverage includes tools and strategies for assessing clients’ needs and strengths, integrating medical and psychosocial interventions, and implementing supportive services in such areas as housing, employment, social networks, education, and physical health. Detailed case examples in every chapter illustrate both the real-world challenges of severe mental illness and the nuts and bolts of effective interventions.

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Editorial Review

Review

"After reading this book I feel much more optimistic about the field of rehabilitation. The book demonstrates that moving a person along the recovery road requires sensitive services that take into account a wide variety of factors, including stigma and the novel concept of peer support. The emphasis is on providing culturally relevant, accessible services with active collaboration from consumers. Not only is the book built on firm evidence, but it also sifts and weighs this evidence, making it digestible and relevant to rehabilitation practitioners. Few volumes provide such added value."--Til Wykes, PhD, Department of Psychology, Institute of Psychiatry, London, UK

"What an education, in one volume! Written by a team of eminent researchers, this highly readable book blends the most current science and knowledge in the field with true-to-life stories that illuminate actual practice. Students will find it quite congenial. This book will be the text of choice for mental health and psychiatric rehabilitation courses in social work, psychology, nursing, and psychiatry."--Charles A. Rapp, PhD, School of Social Welfare, University of Kansas

"A valuable addition to the psychiatric rehabilitation bookshelf, from a team of authors who have made prolific and influential contributions to the field. Reviewing the history of psychiatric rehabilitation, specific program models, and special populations, as well as the research evidence and public policy influencing current practice, the text offers a wealth of information in a single, authoritative volume. The breadth of content, along with the diverse backgrounds of the authors, illustrates how effective services transcend traditional disciplinary boundaries. This text should have wide appeal to academic programs preparing mental health professionals, and to anyone interested in improving publicly funded behavioral health services."--Patricia B. Nemec, PsyD, Rehabilitation Counseling Program, Boston University

"This is an exceptionally valuable book that will facilitate a recovery model in treating mental illness. These well-known authors bring the expertise of different disciplines to the study and practice of psychiatric rehabilitation. All are major researchers in this area, so the materials are primarily evidence based and are presented clearly and informatively, with minimal jargon. For both students and practitioners, this book offers a wealth of program models and tools that are available for a comprehensive system of rehabilitative care. Almost all conceivable resources are available here, from empirically supported interventions to family and peer supports. Specific examples in each chapter offer excellent strategies for individual case planning."--Harriet P. Lefley, PhD, Department of Psychiatry and Behavioral Sciences, University of Miami School of Medicine

"This clearly written text by innovators in the field provides thorough descriptions of evidence-based services for persons with serious mental disabilities. Reviews of research are complemented by lucid case examples. The authors engender realistic, therapeutic optimism that will encourage clinicians of all disciplines to obtain training and make use of treatment manuals and modules for providing competency-based rehabilitation services. This book can be a useful guide for accelerating progress from disability to recovery through an active collaboration between patients and practitioners."--Robert Paul Liberman, MD, Distinguished Professor of Psychiatry, UCLA School of Medicine

"The authors of this remarkable textbook are undisputed leaders in the field of psychiatric rehabilitation. They have made important contributions to the literature on a wide variety of rehabilitative interventions....The five authors of this book have pooled and coalesced their expertise and experience into a user-friendly, well-integrated, and scholarly text that holds together as though it was written by a single person. This encyclopedia of validated best practices should be a sturdy and ready reference on the shelf of all practitioners who work with the severely mentally ill....As in the very best textbooks, the authors provide exhaustive documentation of the growing research base supporting the empirical validation of rehabilitative services....Case examples are sprinkled throughout the text to illustrate the techniques being described. To the great credit of the authors, these vignettes highlight the key role of the therapist-patient relationship as the prime mediator of the effectiveness of rehabilitation....A splendid volume."

(American Journal of Psychiatry 2009-04-24)

"Individuals involved in clinical practice, administration, and research are likely to find the book quite helpful, especially given its strong empirical basis....The authors have done an excellent job of incorporating the research on psychiatric rehabilitation into a text that will be extremely useful to a wide audience. Clinicians and program managers will find the book to be quite practical....The reference list is extensive and can be quite helpful to readers seeking further information on a specific aspect of rehabilitation....The book is easily understandable. 'Personal Examples' interspersed throughout the book help to further contextualize and solidify some of the issues discussed....An excellent resource for practice and research issues related to the psychiatric rehabilitation system. A highly experienced and knowledgeable group of authors have nicely assembled the widespread and growing literature on the issue to make this a very practical guide for those in the field."

(Journal of Psychiatric Practice 2009-04-24)

"It would be difficult to overstate the relevance and utility of this book for the fields of psychiatry, psychology, social work, rehabilitation, occupational and recreational therapy, and nursing. A masterwork by a stellar team of master scientist-practitioners who are some of the foremost leaders in psychiatric rehabilitation, the volume brings together the state of the art as it currently stands in these various fields as it relates to individuals with serious mental illnesses or, perhaps more accurately stated for the purpose of this review, 'psychiatric disabilities.' The book covers such a broad range of topics and approaches, from policy, legislative, and funding issues to stigma and cultural diversity to cognitive-behavioral interventions and medication, that the reader is left only wishing that the authors might have given it a different title....This book by Corrigan and colleagues provides an unparalleled introduction to and review of the field of psychiatric rehabilitation as it exists now and as it will exist for the foreseeable future."

(Journal of Nervous and Mental Disease 2009-04-24)

"This is an exceptionally good book, and one of the few that can genuinely be recommended to all psychiatric trainees and every library. The authors have pooled their considerable knowledge and experience to produce a cautious and comprehensive review of how best to work with 'consumers' with 'psychiatric disabilities' which stays comfortably close to the practical realities of everyday practice....Lucidly written and carefully designed to enhance its readability and usefulness. Propositions, definitions, and models are all clearly described, the evidence in support of each is critically evaluated, and reviews are helpfully punctuated by succinct summaries and conclusions, including the limitations of the evidence itself....This is probably the best account of the evidence base for contemporary rehabilitation practice to date and a commendable starting place for further study or research."

(British Journal of Psychiatry 2009-04-24)

"This volume is a timely and valuable piece of work for all stakeholders concerned with treatment and services for people with serious mental illness. It marks a turning point in the professional literature by

infusing hope into the careful and comprehensive information presented about diagnoses, symptoms, and impairments that can lead to disability, while describing service approaches and the evidence to support them....Several of the volume's authors have been directly involved in the generation of evidence-based practices for people with the most severe mental illnesses. The authors' understanding of the voluminous research literature on services for people with mental illness is commendable....Intended for students of psychiatric rehabilitation, practitioners already in the field, and people who themselves have psychiatric disabilities....Families, employers, and, most certainly, policy makers will also find it to be an excellent resource. Chapters are clearly labeled and refreshingly jargon free. The vignettes interspersed throughout enliven the readings and present accurate windows into real-life situations....Experienced workers in the mental health field will appreciate the outlook provided by this book. It stands in marked contrast to the meager expectations of the past....If widely adopted as a college textbook, this work could reshape curricula for students planning careers in human services. The sections of the book on peer services are well balanced and appropriately positive, consistent with the evidence on peer-supported outcomes."

(*PsycCRITIQUES* 2009-04-24)

"This impressive volume, written by five leaders in the field of psychiatric rehabilitation in the US, offers a remarkable amount of good evidence, historical overview, personal accounts, and practical advice. The layout is clear and logical, the language precise. It is enjoyable and easy to read....It provides a wealth of teaching and discussion material for multidisciplinary teams."

(*British Journal of Hospital Medicine* 2010-01-31)

About the Author

Patrick W. Corrigan, PsyD, is Professor of Psychology at the Illinois Institute of Technology. Previously, he directed the Center for Psychiatric Rehabilitation at the University of Chicago. Dr. Corrigan's research interests include psychiatric rehabilitation, team leadership, consumer-operated services, supported employment, and the stigma of mental illness.

Kim T. Mueser, PhD, is Executive Director of the Center for Psychiatric Rehabilitation and Professor in the Department of Occupational Therapy at Boston University. Dr. Mueser's clinical and research interests include psychiatric rehabilitation for persons with severe mental illnesses, intervention for co-occurring psychiatric and substance use disorders, and the treatment of posttraumatic stress disorder. He has served on numerous editorial boards, has published many journal articles and book chapters, and has coauthored over 10 books. His book *The Complete Family Guide to Schizophrenia* (with Susan Gingerich) received the National Alliance on Mental Illness NYC Metro Ken Book Award.

Gary R. Bond, PhD, is Chancellor's Professor of Psychology at Indiana University-Purdue University Indianapolis. Dr. Bond's research has aimed at identifying evidence-based practices for individuals with severe mental illness, with a primary focus on supported employment and assertive community treatment.

Robert E. Drake, MD, PhD, is the Andrew Thomson Professor of Psychiatry and Community and Family Medicine at Dartmouth Medical School, where he is also Vice Chair and Director of Research in the Department of Psychiatry, and Director of the New Hampshire-Dartmouth Psychiatric Research Center. His research focuses on co-occurring disorders, vocational rehabilitation, health services research, and evidence-based practices.

Phyllis Solomon, PhD, is Professor of Social Work in the School of Social Policy and Practice and Professor of Social Work in Psychiatry in the School of Medicine at the University of Pennsylvania. Dr. Solomon conducts research on services and service delivery systems for adults with severe psychiatric disorders, with a primary focus on peer-provided services, family interventions, and the intersection of the criminal justice

and mental health systems.

Users Review

From reader reviews:

Judith Cole:

Can you one of the book lovers? If so, do you ever feeling doubt if you find yourself in the book store? Try and pick one book that you find out the inside because don't assess book by its deal with may doesn't work this is difficult job because you are frightened that the inside maybe not as fantastic as in the outside seem likes. Maybe you answer may be Principles and Practice of Psychiatric Rehabilitation, First Edition: An Empirical Approach why because the great cover that make you consider regarding the content will not disappoint anyone. The inside or content is usually fantastic as the outside or maybe cover. Your reading 6th sense will directly make suggestions to pick up this book.

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Jason Howell:

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