

# Eat That Frog First Journal: No Excuses to Getting Things Done

By Ciparum IIc



**Eat That Frog First Journal: No Excuses to Getting Things Done** By Ciparum llc

**Eat That Frog First Journal** is an indispensible tool for anyone determined to move their life's forward and get things done. Like a juggler, we all have many things to do, but because we are busy trying to keep them afloat by thinking about all of them all at once, none gets done.

Eat that Frog First Journal is your get organized system. No more excuses to getting things done. Move all that stuff floating around in your mind into an organized system. Write them down in order of priority and you will immediately notice the weight come off your shoulders. Tackle the tasks as you have outlined them. Starting and finishing one before moving onto the next. Whether you are a student, housewife, president of a company etc; once you write it down, you will get it done.

Grab a copy of Eat This Frog First Journal and start applying a systemic approach to the chores and tasks you have. Time does not wait for anybody it keeps on ticking, but with this journal you can save yourself some by getting things done. Don't forget you family and friends, coworkers and acquaintances. Everyone has multiple tasks that need to be moved along and they will remain forever grateful to you for exposing them to such an easy and stress free system.



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#### **Joseph Alderete:**

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