

ADHD Diagnosis and Management: A Practical Guide for the Clinic and the Classroom

By Mark Wolraich M.D., George DuPaul Ph.D.

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Effective, *integrated* care across clinical, classroom, and home settings: that's what every student with ADHD needs to achieve academic and social success. Now professionals have one complete, highly accessible guide to delivering this kind of coordinated treatment for children in Grades 1–8. Aligned with the AAP's new guidelines for ADHD management, this essential resource is the key to developing a comprehensive treatment program—one that combines the expertise of school psychologists, educators, primary care providers, and the child's family. Professionals will get practical, research-based guidelines that help with every stage of ADHD management, including


- **conducting universal and individual screening** for ADHD and comorbid disorders
- **accurately diagnosing ADHD** using in-depth information from parents and the other professionals who work with the child
- **using today's most effective interventions for ADHD**, with detailed discussion of both psychotropic medications and behavioral strategies in home and school settings
- **developing successful classroom-based strategies** that combine the contributions of teachers, parents, peers, and the child himself
- **managing the functional impairments associated with ADHD**, including difficulties with academic performance and relationships with peers and authority figures
- **adopting a family-centered approach**, so parents are true partners in the diagnosis and management of ADHD
- **maintaining open, coordinated communication** between the family, primary care provider, educators, mental health clinicians, and other professionals

To support the whole team as they work toward a solid plan for ADHD management, this guidebook also includes annotated lists of research articles, websites, and books that address the needs of every team member—including teachers, health professionals, and families. And because the book is reader friendly and free of field-specific jargon, it's the one ADHD resource that helps a

wide range of professionals understand each other's roles and work together effectively.

An ideal professional development resource for clinicians and educators, this book will help every adult in a child's life contribute to coordinated ADHD care that really improves outcomes.

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Review

"An outstanding resource for health care providers and educators . . . contains a veritable wealth of the latest evidence-based information for assessing and treating ADHD in clinics and schools and innovative methods for coordinating care across these systems."--Linda J. Pfiffner, Ph.D."Professor of Psychiatry, University of California, San Francisco" (05/01/2010)

"Meticulously researched and accessibly written . . . should be required reading for any front-line professional who works with children with ADHD."--Michael Ching, M.D., MPH, FAAP"Developmental Behavioral Pediatrician, Honolulu, Hawaii" (05/01/2010)

"A friendly, inclusive guide to ADHD . . . Its great strength lies in its emphasis on how health professionals, educators, and families can best work together to optimize treatment."--Eugenia Chan, M.D., MPH"Director, ADHD Program, Developmental Medicine Center, Children's Hospital Boston" (05/01/2010)

"A practical compendium of up-to-date research on assessment and treatment of ADHD. It is an invaluable reference for clinicians or educators who work with students with ADHD."--Robert Reid, Ph.D."University of Nebraska, Lincoln" (05/01/2010)

"Highly informative, written in a direct, no-nonsense style, tightly linked to the available contemporary science, and guided by the decades of combined clinical experience of the authors, this is an exceptionally useful guide."--Russell A. Barkley, Ph.D."Clinical Professor of Psychiatry, Medical University of South Carolina, Charleston" (05/01/2010)

"Bridge[s] the knowledge gap between health care professionals and educators who both care for youth with ADHD . . . a very practical, innovative, and important book."--Mark A. Stein, Ph.D."Director of ADHD Clinic and Clinical Research Program; Professor of Psychiatry and Pediatrics, University of Illinois at Chicago" (05/01/2010)

"Sets a new standard for a comprehensive, up to date, scientifically sound desk reference and guide . . . must be on the shelf of every professional working with children with ADHD."--Sam Goldstein, Ph.D."Editor-in-Chief, Journal of Attention Disorders" (05/01/2010)

"Concise and packed with up-to-date information; a great resource for clinic-based and school-based professionals."--David L. Wodrich, Ph.D."Mary Emily Warner Associate Professor, School Psychology Program, Arizona State University" (05/01/2010)

"Very well written, concise, comprehensive, practical, and highly useful."--Michael Reiff, M.D."Associate Professor of Pediatrics and Family Medicine, University of Minnesota; editor, ADHD: A Complete and Authoritative Guide" (05/01/2010)

"A valuable resource for understanding what is known about ADHD and using best practices for diagnosing and managing this disorder based upon scientific evidence."--Sandra Rief, M.A."author, How to Reach & Teach Children with ADD/ADHD and The ADD/ADHD Checklist" (05/01/2010)

"Provides a rare melding of information from the health and educational systems . . . an exceptional resource for clinicians and educators alike." --Christopher J. Kratochvil, M.D.

About the Author

Dr. Wolraich is Chief of the Section of Developmental and Behavioral Pediatrics at the University of Oklahoma Health Sciences Center. He received his M.D. from the State University of New York Upstate Medical Center in Syracuse. Dr. Wolraich completed a pediatric residency between Upstate Medical Center and the University of Oklahoma Health Sciences Center and completed a fellowship in developmental pediatrics at the University of Oregon Health Sciences Center. Dr. Wolraich has spent more than 30 years in research and clinical service related to attention deficit/hyperactivity disorder (ADHD) and is a 2003 inductee in the Children and Adults with ADHD (CHADD) Hall of Fame. He has also been a major contributor to the development of guidelines for ADHD for primary care physicians by the American Academy of Pediatrics. Dr. Wolraich has been an author or coauthor on more than 150 journal articles and book chapters, including articles in the *New England Journal of Medicine*, *Pediatrics*, and the *Journal of the American Medical Association* and chapters in 20 books. His research is funded by the National Institutes of Health, National Institute of Mental Health, Maternal and Child Health Research Program; National Institute on Disabilities and Rehabilitation Research; the Centers for Disease Control and Prevention; and the Office of Special Education and Rehabilitation. Currently, he is investigating the prevalence and long-term outcomes of ADHD in five school districts.

Dr. DuPaul is Chairperson of the Department of Education and Human Services at Lehigh University. He received his Ph.D. in school psychology from the University of Rhode Island in 1985. Prior to his appointment at Lehigh, Dr. DuPaul was on the faculty at the University of Massachusetts Medical Center. He has extensive experience providing clinical services to children with attention-deficit/hyperactivity disorder (ADHD) and their families as well as consulting with a variety of school districts regarding the management of students with ADHD. He has been an author or coauthor on more than 160 journal articles and book chapters related to ADHD. He has published four books and two videos related to the assessment and treatment of ADHD. Dr. DuPaul serves on the editorial boards of several journals and is a former associate editor of the *School Psychology Review*. He is the recipient of the Senior Scientist Award from Division 16 (School Psychology) of the American Psychological Association and was named to the Children and Adults with ADHD (CHADD) Hall of Fame in 2008. Currently, he is investigating the effects of early intervention and school-based interventions for students with ADHD as well as the assessment and treatment of college students with ADHD.

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