



# The Science of Spirituality: Integrating Science, Psychology, Philosophy, Spirituality & Religion

By Lee Bladon

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- Rank: #465976 in Books
- Published on: 2016-02-17
- Released on: 2016-02-17
- Original language: English
- Number of items: 1
- Dimensions: 9.68" h x .70" w x 7.44" l, 1.23 pounds
- Binding: Paperback
- 308 pages

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## **Editorial Review**

From the Publisher

With science and religion we have two seemingly opposed views of how life, the universe and everything began:

- 1) Scientists generally believe that a perfectly balanced universe spontaneously appeared out of nothingness, and that life, consciousness and intelligence randomly evolved from inert matter.
- 2) Christians generally believe that an all-powerful and all-knowing God created the world and its myriad of life-forms (in just six days).

Not only do they both seem pretty unbelievable, they appear to share no common ground. However, recent scientific discoveries have unknowingly provided evidence that supports the multi-dimensional nature of reality that Hindus, Buddhists and Kabbalists have known about for thousands of years:

- 1) The latest scientific models state that the universe is multi-dimensional, with six or more hidden spatial dimensions, and is primarily composed of non-physical matter (dark matter and dark energy).
- 2) Respected doctors and medical practitioners are now openly investigating near-death experiences, out-of-body experiences and past-life regression, and are beginning to discover the multi-dimensional nature of human beings.

By combining modern scientific facts with ancient spiritual knowledge we begin to uncover the whole truth and bring unity out of the existing duality. There can be only one true reality, but we will never discover the whole truth if we hold on to our preconceived ideas and only look from one perspective. Einstein said: "Religion without science is blind, science without religion is lame", because they are two sides of the same coin.

Science and spirituality both agree that we live in a multi-dimensional universe, and paranormal phenomena suggest that life exists in these other dimensions. Human beings may be at the top of the evolutionary ladder in our 3-dimensional physical world but a hierarchy of increasingly advanced beings live in dimensions that exist just beyond our normal range of perception. These higher-dimensional beings are omniscient and omnipotent in our physical world, which is how our concept of god originated.

A handful of these highly advanced beings periodically incarnate to teach the most advanced members of humanity about the true nature of reality. The great masters such as Krishna, Buddha and Christ (and many others who kept lower profiles) are the originators of esoteric knowledge - the one true science and the one true religion. The information was shrouded in mystery and symbolism to prevent the uninitiated from fully understanding it in the event that it became public knowledge.

Most of the world's major religions were built around carefully selected pieces of this esoteric information that were taught to the general public at various times throughout history. As time passed and the religions grew, bureaucracy, dogma and superstition developed, which further distorted the original teachings. Science developed in response to the woefully poor explanations of reality offered by western religion. The early scientists were persecuted and deemed heretics for questioning the Church and delving into the mind of God, when all they sought to do was to understand the world in which they lived. Scientific scepticism of all

things mystical is still very much apparent today.

A significant amount of esoteric information was released into the public domain at the end of the 19th century but it (theosophy) failed to make much of an impact because religion was dominant, science was in its infancy and the people of the time were too reserved. The popularity of metaphysics, spirituality and new science in the 21st century indicates that the world is now ready for a modern presentation of esoteric knowledge.

From the Back Cover

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