



Pagan in the City

By Cassandra Eason

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Pagan in the City By Cassandra Eason

The pagan way is the much better way to live. Pagan comes from the Latin *paganus*, which means country dweller. In modern terms, it refers to anyone who follows the cycles of the seasons - the moon and the sun - rather than becoming slave to the clock in a frantic 24/7 activity cycle. No matter that you live in a high-rise tower in the city. Cassandra will show you how to become pagan by turning to nature and learning to love the natural rhythms that exist in crystals, the moon, the stars and the cycles of the sun and the seasons. I will take you for regular trips to your nearest green space and show you how to re-energise yourself in it. I will teach you the values of the old ways to improve the harmony of your home and workplace. Whether you live alone or have to juggle work, home and the care of others, a pagan path can make your leisure time much more meaningful and restorative. Paganism will reintroduce you to values that will settle and comfort you. It will improve your communication with loved ones by creating within you an oasis of calm and acceptance. Mother Earth has much that she has been waiting to teach you. Let Cassandra introduce you to her and help you to change the way you see and respond to life.

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Editorial Review

About the Author

Cassandra is one of our most prolific and popular authors, covering many aspects of mind, body and spirit. She taught for ten years before her then three-year old son changed the course of her life by experiencing a vision of his father involved in a motorcycle accident. This encouraged Cassandra to investigate the psychic experiences of children and led to her first book, *The Psychic Power of Children*. Since then, she has gone on to write over 50 books and has even been Channel 4's Big Brother dream interpreter! A dedicated White Witch and Druidess, Cassandra currently lives on the Isle of Wight. Cassandra has written many books for Foulsham, including: *Cassandra Eason's Complete Book of Natural Magic* *Cassandra Eason's Complete Book of Spells* *Cassandra Eason's Modern Book of Dream Interpretation* *Contact Your Spirit Guides* *to Enrich Your Life* *Crystal Healing Every Woman a Witch* *Fragrant Magic* *Practical Guide to Witchcraft and Magic Spells*

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