



Mas Alla Del Temor : Las Enseñanzas De Don Miguel Ruiz (Spanish Edition)

By Don Miguel Ruiz, Mary Carroll Nelson

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Don Miguel Ruiz, trained as a medical doctor and surgeon, is also a Nagual (one with the ability to guide others to the spirit). Fear is the source of all the negative agreements we've made with life, and to make a positive one, we must move Beyond Fear. Fear can alienate us from the joy that is our birthright. When we are able to look at our lives without fear or judgments, we realize that this - reality - can be whatever we want it to be. Más allá del temor leads us on a spiritual journey into a state of empowerment.

Description in Spanish: Don Miguel Ruiz, médico y cirujano titulado, es también un nagual -alguien dotado de la capacidad de guiara a los demás hacia el espíritu- iniciado como maestro en la tradición tolteca. De la mano de Mary Carroll Nelson , que recibió sus enseñanzas, nos asomamos a la vida de Don Miguel y a su formación junto a su madre curandera, la famosa Madre Sarita; conocemos los elementos básicos de la sabiduría tolteca y la práctica espiritual que constituyen los fundamentos de su obra Los Cuatro Acuerdos. Una visicón iluminadora que trata de de conducir hacia la verdadera libertad y la felicidad duradera.

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