Download and Read Free Online The LDN Book: How a Little-Known Generic Drug? Low Dose Naltrexone? Could Revolutionize Treatment for Autoimmune Diseases, Cancer, Autism, Depression, and More By Linda Elsegood

## **Editorial Review**

## Review

"I first came across LDN several years ago when a medical colleague said I should look into its positive effects in patients with MS, Crohn's disease, and other autoimmune disorders. I was so impressed with what I read that I helped submit a petition to the UK government to ask for funding for further research into this inexpensive drug. But, as with so many petitions, no progress was made. I hope *The LDN Book*? which presents up-to-date findings that again confirm the efficacy of this safe, cheap, generic drug in helping to control many chronic, disabling conditions? is read by those in the Department of Health and by all doctors caring for patients with autoimmune disease. In the UK, LDN has been stranded in limbo; maybe now the time has come for it to be accepted as a recognized therapy that could, at least, be tried on those suffering such long-term diseases of the immune system."--Dr. Chris Steele, MBE, general practitioner; medical presenter on ITV's *This Morning* 

"As a practicing physician who has used LDN as a cornerstone therapy for over fifteen years, I can say without equivocation that LDN is the most important and successful medicine I have ever used. I often joke that if not for LDN I couldn't pay my mortgage; I've had so many new patients referred to me by someone whose life has improved dramatically through the use of LDN. And despite my knowledge and experience with LDN, I've learned a great deal from *The LDN Book?* aspects of its basic science I hadn't known, new uses, and how its uses can inform us about the causes of various diseases. This is a wonderful book for any patient with an autoimmune disease, cancer, depression, or a host of other conditions and is a *must*-read for any physician whose goal is to help their patients."--Dr. Thomas Cowan, author of *The Fourfold Path to Healing* and coauthor of *The Nourishing Traditions Book of Baby & Child Care* 

"Low Dose Naltrexone (LDN) was discovered by my husband and partner, Dr. Bernard Bihari. Incredibly informative and superbly written by various members of the medical profession sharing their experiences using this extraordinary drug, *The LDN Book* honors his legacy in helping patients suffering from autoimmune and other diseases to regain their health and their lives."--Jacqueline Young

## About the Author

Linda Elsegood is the founder of the LDN Research Trust, which was set up in the UK as a Registered Charity in 2004, and is the editor of *The LDN Book*. Diagnosed with MS in August of 2000, she started LDN therapy in December of 2003, and now has a better quality of life and hope for the future. Through the Trust, she has connected thousands of patients, doctors, and pharmacists around the world with information, articles, and patient stories about LDN.

# **Users Review**

## From reader reviews:

#### Rina Reese:

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colorful photos on there. Yeah, it is to become complicated. Book is very important for yourself. As we know that on this period of time, many ways to get whatever we wish. Likewise word says, many ways to reach Chinese's country. Therefore this The LDN Book: How a Little-Known Generic Drug? Low Dose Naltrexone? Could Revolutionize Treatment for Autoimmune Diseases, Cancer, Autism, Depression, and More can make you really feel more interested to read.

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