



The Health Gap: The Challenge of an Unequal World

By Michael Marmot

Download now

Read Online 

The Health Gap: The Challenge of an Unequal World By Michael Marmot

In this groundbreaking book, Michael Marmot, president of the World Medical Association, reveals social injustice to be the greatest threat to global health

In Baltimore's inner-city neighborhood of Upton/Druid Heights, a man's life expectancy is sixty-three; not far away, in the Greater Roland Park/Poplar neighborhood, life expectancy is eighty-three. The same twenty-year avoidable disparity exists in the Calton and Lenzie neighborhoods of Glasgow, and in other cities around the world.

In Sierra Leone, one in 21 fifteen-year-old women will die in her fertile years of a maternal-related cause; in Italy, the figure is one in 17,100; but in the United States, which spends more on healthcare than any other country in the world, it is one in 1,800. Why?

Dramatic differences in health are not a simple matter of rich and poor; poverty alone doesn't drive ill health, but inequality does. Indeed, suicide, heart disease, lung disease, obesity, and diabetes, for example, are all linked to social disadvantage. In every country, people at relative social disadvantage suffer health disadvantage and shorter lives. Within countries, the higher the social status of individuals, the better their health. These health inequalities defy the usual explanations. Conventional approaches to improving health have emphasized access to technical solutions and changes in the behavior of individuals, but these methods only go so far. What really makes a difference is creating the conditions for people to have control over their lives, to have the power to live as they want. Empowerment is the key to reducing health inequality and thereby improving the health of everyone. Marmot emphasizes that the rate of illness of a society as a whole determines how well it functions; the greater the health inequity, the greater the dysfunction.

Marmot underscores that we have the tools and resources materially to improve levels of health for individuals and societies around the world, and that to not do so would be a form of injustice. Citing powerful examples and startling statistics ("young men in the U.S. have less chance of surviving to sixty than young men

in forty-nine other countries”), *The Health Gap* presents compelling evidence for a radical change in the way we think about health and indeed society, and inspires us to address the societal imbalances in power, money, and resources that work against health equity.

 [Download The Health Gap: The Challenge of an Unequal World ...pdf](#)

 [Read Online The Health Gap: The Challenge of an Unequal Worl ...pdf](#)

The Health Gap: The Challenge of an Unequal World

By Michael Marmot

The Health Gap: The Challenge of an Unequal World By Michael Marmot

In this groundbreaking book, Michael Marmot, president of the World Medical Association, reveals social injustice to be the greatest threat to global health

In Baltimore's inner-city neighborhood of Upton/Druid Heights, a man's life expectancy is sixty-three; not far away, in the Greater Roland Park/Poplar neighborhood, life expectancy is eighty-three. The same twenty-year avoidable disparity exists in the Calton and Lenzie neighborhoods of Glasgow, and in other cities around the world.

In Sierra Leone, one in 21 fifteen-year-old women will die in her fertile years of a maternal-related cause; in Italy, the figure is one in 17,100; but in the United States, which spends more on healthcare than any other country in the world, it is one in 1,800. Why?

Dramatic differences in health are not a simple matter of rich and poor; poverty alone doesn't drive ill health, but inequality does. Indeed, suicide, heart disease, lung disease, obesity, and diabetes, for example, are all linked to social disadvantage. In every country, people at relative social disadvantage suffer health disadvantage and shorter lives. Within countries, the higher the social status of individuals, the better their health. These health inequalities defy the usual explanations. Conventional approaches to improving health have emphasized access to technical solutions and changes in the behavior of individuals, but these methods only go so far. What really makes a difference is creating the conditions for people to have control over their lives, to have the power to live as they want. Empowerment is the key to reducing health inequality and thereby improving the health of everyone. Marmot emphasizes that the rate of illness of a society as a whole determines how well it functions; the greater the health inequity, the greater the dysfunction.

Marmot underscores that we have the tools and resources materially to improve levels of health for individuals and societies around the world, and that to not do so would be a form of injustice. Citing powerful examples and startling statistics ("young men in the U.S. have less chance of surviving to sixty than young men in forty-nine other countries"), *The Health Gap* presents compelling evidence for a radical change in the way we think about health and indeed society, and inspires us to address the societal imbalances in power, money, and resources that work against health equity.

The Health Gap: The Challenge of an Unequal World By Michael Marmot Bibliography

- Sales Rank: #66604 in Books
- Brand: Bloomsbury Publishing PLC
- Published on: 2015-11-03
- Released on: 2015-11-03
- Original language: English
- Number of items: 1
- Dimensions: .38" h x .5" w x 6.46" l, 1.00 pounds

- Binding: Hardcover
- 400 pages

 [Download The Health Gap: The Challenge of an Unequal World ...pdf](#)

 [Read Online The Health Gap: The Challenge of an Unequal Worl ...pdf](#)

Download and Read Free Online **The Health Gap: The Challenge of an Unequal World** By Michael Marmot

Editorial Review

Review

“Michael Marmot’s path-breaking work on the social determinants of health has made all of us rethink healthcare and social medicine. This is a lesson of tremendous practical importance to the world.” ?Amartya Sen

"Marmot convincingly details how socioeconomic inequities lead to health inequities . . . [He] passionately argues for people everywhere to promote a more 'just distribution of health' . . . Like a good courtroom attorney, Marmot builds a strong case and calls for action." ?*Booklist*

"[T]he author creates a strong case for policy changes that address human needs for autonomy, empowerment, and freedom in order to improve the well-being of people globally who are living in vulnerable and disadvantaged circumstances." ?*Library Journal*

"[Marmot's] research over the years has generated a catalogue of shocking headline findings, which are collected in this book to devastating effect. Page after page rams home the message that the poorer you are, the more likely you are to live a shorter, less healthy and in all likelihood less happy life . . . *The Health Gap* briskly and coherently explores why this might be the case . . . But Marmot is no doom-monger. Quite the opposite . . . this is a fundamentally optimistic book." ?*The Independent*

"Dr. Marmot weaves a masterful treatise on world financial and trade policy, availability of education to all people, and the robustness of infrastructure to support health status . . . To learn more about creative initiatives throughout the world that are improving conditions for human beings, buy this book, a bargain at any price." ?*New York Journal of Books*

"Now's the time to . . . change the way we think about health. In his new book, UCL professor Michael Marmot reveals that the average person would have eight extra years of healthy life if they had the same opportunities as the richest in our society . . . It's time to stop seeing health as a matter of lifestyle choice and start campaigning for justice--for all our sakes." ?*The Observer*

“Marmot's important study shows that--in every culture--our happiness and health are closely related to the place we occupy in the status hierarchy, and that that the key to status is our occupation.” ?*The Guardian on STATUS SYNDROME*

“Bubbling with findings, discreetly illuminated by the light of social justice, written considerately for ordinary readers . . . Packed with ideas that should have been coursing through public debate for years.” ?*The Independent on STATUS SYNDROME*

“If you want to understand why the health of people living in the United States, the richest and most powerful country in world history, lags far behind the health of people in other rich nations, then be prepared to wet your whistle here.” ?*The New England Journal of Medicine on THE STATUS SYNDROME*

About the Author

Sir **Michael Marmot** is Professor of Epidemiology and Public Health at University College London, and

current president of the World Medical Association. He takes up the Lown visiting professorship at Harvard in 2015. He chaired the World Health Organization's Commission on Social Determinants of Health (2005–8), and the European Review of Social Determinants and the Health Divide, and will chair a review of health inequalities across the Americas for the WHO's Pan-American Health Organization (PAHQ). His recommendations have been adopted by the World Health Assembly and by many countries. The British Government appointed him to conduct a review of social determinants and health inequalities; the Marmot Review and its recommendations are now being implemented in three-quarters of local authorities in England. He is the author of *The Status Syndrome*, and lives in North London.

Users Review

From reader reviews:

Peter Cox:

Have you spare time for a day? What do you do when you have considerably more or little spare time? Yeah, you can choose the suitable activity intended for spend your time. Any person spent their very own spare time to take a wander, shopping, or went to often the Mall. How about open or even read a book allowed The Health Gap: The Challenge of an Unequal World? Maybe it is to be best activity for you. You already know beside you can spend your time using your favorite's book, you can more intelligent than before. Do you agree with the opinion or you have other opinion?

David Henry:

In this 21st century, people become competitive in each way. By being competitive today, people have do something to make these survives, being in the middle of often the crowded place and notice by means of surrounding. One thing that sometimes many people have underestimated this for a while is reading. That's why, by reading a guide your ability to survive increase then having chance to stand up than other is high. To suit your needs who want to start reading a book, we give you this The Health Gap: The Challenge of an Unequal World book as nice and daily reading guide. Why, because this book is more than just a book.

Corey Smith:

Hey guys, do you really wants to finds a new book you just read? May be the book with the concept The Health Gap: The Challenge of an Unequal World suitable to you? Often the book was written by well known writer in this era. Often the book untitled The Health Gap: The Challenge of an Unequal World is the one of several books that will everyone read now. This particular book was inspired a number of people in the world. When you read this e-book you will enter the new dimension that you ever know prior to. The author explained their strategy in the simple way, so all of people can easily to be aware of the core of this publication. This book will give you a great deal of information about this world now. To help you see the represented of the world on this book.

Rena Campbell:

The book The Health Gap: The Challenge of an Unequal World will bring you to the new experience of

reading any book. The author style to elucidate the idea is very unique. When you try to find new book you just read, this book very appropriate to you. The book *The Health Gap: The Challenge of an Unequal World* is much recommended to you to learn. You can also get the e-book from official web site, so you can quickly to read the book.

Download and Read Online *The Health Gap: The Challenge of an Unequal World* By Michael Marmot #0JSVY124NIE

Read The Health Gap: The Challenge of an Unequal World By Michael Marmot for online ebook

The Health Gap: The Challenge of an Unequal World By Michael Marmot Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Health Gap: The Challenge of an Unequal World By Michael Marmot books to read online.

Online The Health Gap: The Challenge of an Unequal World By Michael Marmot ebook PDF download

The Health Gap: The Challenge of an Unequal World By Michael Marmot Doc

The Health Gap: The Challenge of an Unequal World By Michael Marmot Mobipocket

The Health Gap: The Challenge of an Unequal World By Michael Marmot EPub

0JSVY124NIE: The Health Gap: The Challenge of an Unequal World By Michael Marmot