



The Cure: Heal Your Body, Save Your Life

By Dr. Timothy Brantley

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According to Dr. Timothy Brantley, most health problems are not caused by genetics or germs but by the standard American diet. Drawing on Brantley's groundbreaking research and his years of working with nutritional healing, *The Cure* contains a revolutionary step-by-step program that can flush toxins out of the body, restore balance, promote natural healing, and increase vitality.

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The Cure: Heal Your Body, Save Your Life By Dr. Timothy Brantley Bibliography

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Editorial Review

From the Inside Flap

In this remarkable book, Dr. Timothy Brantley writes that most health problems are not caused by genetics or germs but by the standard American diet. Rather than eat foods the way they were created, we all too often pollute our bodies with refined, packaged products. When we feel ill, we may take drugs to temporarily mask the symptoms. Now Dr. Brantley wants to change how you view and manage your health—while showing you how you can revitalize it.

Drawing on Brantley's groundbreaking research and his years of working with nutritional healing, *The Cure* contains a revolutionary program that can flush toxins out of the body, restore balance, promote natural healing, and increase vitality. Dr. Brantley's program has already helped many seriously ill patients, including several well-known celebrities.

After his mother, father, and young cousin died tragic deaths at early ages from terminal illnesses, Timothy Brantley embarked on a quest for answers to the mystery of why they died so young. Dr. Brantley has dedicated his life to understanding the role our diets and lifestyles play in our health. *The Cure* lays out Brantley's findings about why sickness happens, shows how disease can be reversed, and, most importantly, explains how to prevent ill health in the first place.

In *The Cure*, Dr. Brantley shares his revolutionary step-by-step program, which features a diet of raw or lightly cooked organic foods as well as exercise, rest, fasts, water, whole-food supplements, and herbal formulas. Sharing life-affirming case stories of people who diligently followed Dr. Brantley's program, you'll discover how: Carlos lost forty pounds and no longer suffers from debilitating headaches Todd, who suffered from lifelong asthma, was able to throw away his inhalers Sonya beat cervical cancer within four months Howie, president of a large record company, overcame prostate cancer

Your body wants to heal. Enjoy the optimal health you were born to enjoy. Read *The Cure* and find out how.

From the Back Cover

Discover *The Cure*

As seen on Rachael Ray and Montel

The Bestselling Revolutionary Program For Healing

"No one has more knowledge on the subject of internal health than Dr. Timothy Brantley. I have known him for over twenty years and he is the real deal!"

—Sylvester Stallone, actor, writer, producer, and director

"Dr. Timothy Brantley offers hope in cases where there is none. I know from experience that his work saves lives. I have no greater praise."

—Kelsey Grammer, actor, producer, and director

"Dr. Brantley has been a most reliable and helpful source of information, guidance, and care. I will always be indebted to him for changing my life, changing my health, and giving me a vitality I never imagined. I thank God every day for bringing him into my life."

-Carol Alt, supermodel, actress, and author

According to Dr. Timothy Brantley, most health problems are not caused by genetics or germs but by the standard American diet, which is filled with refined, packaged, often artificial products. Drawing on Dr. Brantley's groundbreaking research and his years of working with nutritional healing, *The Cure* contains a life-changing step-by-step program that can flush toxins out of the body, restore balance, promote natural healing, and increase vitality. *The Cure* shows you Brantley's findings about why sickness happens, explains how disease can be reversed, and, most importantly, reveals how to prevent ill health in the first place.

Your body wants to heal. Enjoy the optimal health you were born to enjoy. Read *The Cure* and find out how.

About the Author

Timothy Brantley, Ph.D., N.D., a nutritional and herbal pioneer who has treated numerous celebrities, is a regular health expert on the *Rachael Ray show*, *Montel*, and *The Dr. Pat Show*. He has lectured at Learning Annex centers throughout the country, teaching the protocols detailed in *The Cure*. Visit his Web site at www.brantleycure.com.

Users Review

From reader reviews:

John Folsom:

The feeling that you get from *The Cure: Heal Your Body, Save Your Life* is the more deep you digging the information that hide into the words the more you get thinking about reading it. It does not mean that this book is hard to understand but *The Cure: Heal Your Body, Save Your Life* giving you enjoyment feeling of reading. The writer conveys their point in selected way that can be understood through anyone who read this because the author of this book is well-known enough. This book also makes your vocabulary increase well. Therefore it is easy to understand then can go to you, both in printed or e-book style are available. We suggest you for having this kind of *The Cure: Heal Your Body, Save Your Life* instantly.

Theresa Smith:

Reading can called brain hangout, why? Because if you find yourself reading a book specifically book entitled *The Cure: Heal Your Body, Save Your Life* the mind will drift away trough every dimension, wandering in each and every aspect that maybe not known for but surely will end up your mind friends. Imaging just about every word written in a e-book then become one form conclusion and explanation that will maybe you never get prior to. The *The Cure: Heal Your Body, Save Your Life* giving you another experience more than blown away the mind but also giving you useful data for your better life in this era. So now let us show you the relaxing pattern here is your body and mind will likely be pleased when you are finished examining it, like winning a game. Do you want to try this extraordinary spending spare time activity?

Matthew Fry:

The Cure: Heal Your Body, Save Your Life can be one of your nice books that are good idea. Most of us recommend that straight away because this guide has good vocabulary that can increase your knowledge in

words, easy to understand, bit entertaining but still delivering the information. The article writer giving his/her effort to set every word into satisfaction arrangement in writing *The Cure: Heal Your Body, Save Your Life* yet doesn't forget the main level, giving the reader the hottest as well as based confirm resource data that maybe you can be one of it. This great information can draw you into fresh stage of crucial considering.

Ron Matthies:

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