



# ADHD: What Every Parent Needs to Know

*From Gryphon House*



## ADHD: What Every Parent Needs to Know From Gryphon House

ADHD: What Every Parent Needs to Know (formerly entitled ADHD: A Complete and Authoritative Guide) is a balanced guide to help you and your child meet the many challenges of the often misunderstood disorder. This invaluable resource provides accurate, up-to-date information on

Evaluation and diagnosis

Coexisting conditions

Behavior therapy

ADHD and academics

The role of medication

Complementary and alternative treatments

ADHD and the teenage years

Effective skills for parenting children and adolescents with ADHD

And so much more!

Written in clear, accessible language, this thoroughly updated second edition includes the latest information on diagnosis, ADHD medications, and guidance on preschoolers and adolescents with ADHD. A new chapter on advocacy, updates on special education services and laws, and the role of the medical home are also featured.

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## Editorial Review

From Publishers Weekly

With its arsenal of experts, evidence-based research and trusted name, the American Academy of Pediatrics sets out to demystify and untangle the knot of controversy surrounding one of today's hot-button health issues: ADHD (attention deficit hyperactivity disorder). Nothing unnerves parents more than confronting the realization that their child might be diagnosed with ADHD—at least until they face the mountain of potentially disreputable books, articles and Web sites dedicated to the topic and the media hype that has made ADHD a dreaded household word. The concern is not unfounded: ADHD affects 6% to 9% of the school-age population, a childhood problem second only to asthma. What's more, much of the confusion occurs because behaviors associated with ADHD—inattention, hyperactivity and impulsivity—are exhibited by all children at some time. The AAP's intent for this guide is to provide a single source that reveals the truth about the disorder, diagnosis, treatment and lifelong management of ADHD. While nothing about ADHD is easy, this book is well structured and surprisingly easy to understand (although the writing is rather clinical and devoid of warmth), as it walks parents through the difficult process of defining the disorder and its various subtypes. Parents will appreciate the abundant charts, myth-busting sidebars, case studies, parenting strategies and clarifying message: diagnosing and effectively treating ADHD relies on the dedicated, long-term teamwork among a child's parents, teachers, mental health professionals and physicians.

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## Review

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## About the Author

**American Academy of Pediatrics** (AAP) is an organization of 60,000 member pediatricians dedicated to the health, safety, and well-being of infants, children, adolescents, and young adults. **Michael I. Reiff, MD, FAAP**, is a board-certified developmental behavioral pediatrician. He is an associate professor of pediatrics and family medicine at the University of Minnesota where he is a director of the Autism Spectrum and Neurodevelopmental Disorders Clinic and a director of the Minnesota Leadership and Education in Neurodevelopmental and Related Disorders Program. He has served on the AAP's Executive Committee of the Section on Developmental Behavioral Pediatrics and is an editor of the Newsletter for the Section on Developmental Behavioral Pediatrics of the AAP. He lives in Minneapolis, Minnesota.

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### **Gregory Sowers:**

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