

The Illustrated Ninja Handbook: Hidden Techniques of Ninjutsu

By Remigiusz Borda



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Learn to master ninjutsu techniques and the Budo warrior ethos with this informative and entertaining martial arts guide.

Welcome to the secret world of the ninja master! *The Illustrated Ninja Handbook* is your ultimate guide to the esoteric knowledge and teachings of the ancient Japanese shinobi. It provides ninjitsu devotees with the first detailed understanding of this shadowy and mysterious martial art form.

This handbook contains step-by-step instructions that allow you to master the 40 most devastating ninja fighting techniques. It was created with the blessing of legendary ninjutsu master Soke Masaaki Hatsumi, who taught for many generations in the Bujinkan School—generally recognized as the leading ninjutsu school in the world.

The Bujinkan Dojo encompasses nine separate ryu-ha or martial arts schools that are based in Japan and headed by Hatsumi. Bujinkan ninjas use both armed and unarmed fighting techniques, with weapons such as swords, bamboo shinai, and staffs. They also learn to defend themselves unarmed against weapons attacks. Author Remigiusz Borda studied and taught Bujinkan ninjutsu for many decades, and in this book presents the unique system created by Masaaki Hatsumi—the 34th Grandmaster and head of the Togakure-ryu Ninjutsu lineage.

The Illustrated Ninja Handbook is based on hundreds of years of actual ninja combat experience and contains the traditional knowledge of the legendary Shinobi warrior clan who were instrumental in helping found the Tokugawa Shogunate.





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Editorial Review

Review

"Beautifully and thoroughly illustrated, Remigiusz Borda's work is a delightful compendium of history, terminology, and concepts associated with our ninja tradition. His passion for both the martial arts and visual arts is demonstrated through the care and detail he has invested in this work. It will serve as a reference point for both beginners and experts in ninja lineages worldwide." —**Kevin Keitoshi Casey, author of** *The Ninja Mind*

"Illustrated Ninja Handbook is a masterfully produced book, with its beautiful full-color artwork and captivating layout. The book re-visits in fresh format a lot of the ground that has fascinated fans of the ninja arts for the decades since my original ninja book The Ninja and Their Secret Fighting Art brought the once-secret lore to the West." —Stephen K. Hayes, Black Belt Hall of Fame, author of The Ninja Defense and The Ninja and Their Secret Fighting Art

"Much like the newer Tuttle books, this instructional is filled with hundreds of full-color photos arranged in dynamic presentations to show every little nuance of the technique being demonstrated. [...] It is definitely a good read on ninjitsu for a number of reasons, and I think it is a very solid entry point into the world of ninjitsu, easily better than other books on the market that do not give you this much hands-on info."

—The Fight Nerd.com blog

"The Illustrated Ninja Handbook: Hidden Techniques of Ninjutsu is an easy-to-follow handbook that mainly comprises of step-by-step photo instructions on executing Bujinkan techniques." —WayofNinja.com blog

"If you prefer your shadow-warrior wisdom to be passed along on paper, check out Remigiusz Borda's book, subtitled *Hidden Techniques of Ninjutsu*. This full-color 216-pager from Tuttle Publishing covers 40 ninja techniques, as well as the weapons and history of the famed fighters." —*Black Belt* magazine

About the Author

Remigiusz Borda lives and teaches in Poland. In addition to running his own ninjutsu dojo, he is a highly respected painter whose work has been exhibited internationally.

Users Review

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Dale Hollander:

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Kathy Ahmed:

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