



The Fruitful Life

By Jerry Bridges

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As we desire to be more like Jesus, we want to live loving, joyful lives. Yet loving our enemies seems impossible. Even being patient with our family is often difficult. How can we put on the gentle garments of grace when we're so busy battling our old behavior patterns? Navigator author Jerry Bridges explains how to practice the "fruit of the Spirit" (Gal. 5:22-23):

- love
- joy
- peace
- patience
- kindness
- goodness
- faithfulness
- gentleness
- self-control

Learn how the Holy Spirit can help in your spiritual formation as you become a serious follower of Christ.

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The Fruitful Life By Jerry Bridges Bibliography

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Editorial Review

From the Back Cover

Headline: How can we put on the garments of grace? As we become serious followers of Christ, we want to live loving, joyful, anxiety-free lives. Yet loving our enemies seems impossible. Even being patient with our family is often difficult. How can we put on the gentle garments of grace when we're so busy battling our old behavior patterns? In *The Fruitful Life*, beloved author Jerry Bridges explores the nine aspects of the "fruit of the Spirit" described in Galatians 5:22-23: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. He clarifies the cultivation process by showing us how to practice them in real life. Bridges says these qualities of character can truly mark our lives if we devote ourselves to a two-fold pursuit: God-centeredness and God-likeness. This book will guide you on that quest by focusing on God's nature as revealed in Scripture and by helping you cultivate the beautiful fruit given by the Holy Spirit.

About the Author

Dr. Jerry Bridges is the best-selling author of such books as *The Pursuit of Holiness*, *Transforming Grace*, and *The Practice of Godliness*, from which this book is derived. Jerry is on staff with The Navigators' collegiate ministry. A popular speaker known around the world, Jerry lives with his wife, Jane, in Colorado Springs.

Users Review

From reader reviews:

Jon McKibben:

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Cynthia Sharma:

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Sanjuana Day:

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Lynnette Jennings:

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