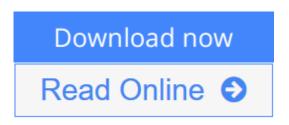


Pocket Guide to Crisis Intervention (Pocket Guide To... (Oxford))

By Albert R Roberts, Kenneth R Yeager



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Crisis workers make split-second decisions every day that affect the mental health and well-being of individuals, families, and entire communities. They support and guide people through health diagnoses, bankruptcies, sexual assaults, deaths of loved ones, suicide attempts, and natural or man-made disasters from the front lines. While professions vary from mental health professionals, emergency responders, educators, business managers or volunteers such as suicide hotline workers, all have a common and urgent need for a rapid reference that covers every type of traumatic event they may be asked to respond to in the course of an unpredictable and highly stressful day.

The *Pocket Guide to Crisis Intervention* is a complete crisis toolkit, a trusted resource to consult on the fly, packed with easy-to-follow, step-by-step evidence-based protocols for responding effectively to a broad range of traumatic events. Checklists, bullets, and boxes highlight symptoms & warning signs and provide action plans, do's & don'ts, and screening & assessment questions. The open layout and two-color design make this pocket guide as visually appealing as it practical, ensuring at-a-glance lookup of the essentials of managing the most common types of crisis.

More than just a collection of action lists, though, this pocket guide explains theories and models in clear, jargon-free language, offering tips for clinical practice, treatment planning, referrals, and coordinating services as needed. It can be used as a field manual for seasoned professionals or as a training tool for new recruits and practitioners seeking to sharpen their skills.

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Editorial Review

About the Author

The late **Albert R. Roberts** was Professor Criminal Justice, School of Arts and Sciences, Rutgers University Livingston College Campus and Editor-in-Chief, Brief Treatment and Crisis Intervention. Dr. Roberts was a member of The Board of Scientific and Professional Advisors, and a Board Certified Expert in Traumatic Stress for The American Academy of Experts in Traumatic Stress.

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