



## Leadership in Balance: THE FULCRUM-CENTRIC PLAN for Emerging and High Potential Leaders

By Mike Lerario

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*“Mike takes a fresh perspective on the topic of leadership. A must read for aspiring and seasoned leaders alike, and a welcomed addition to anyone’s leadership library.”*

~ **Mike Garner**, a former Infantry officer and leadership instructor at West Point.

This book is written for the new manager or anyone who aspires to become a leader. Whether you have just finished school or have been working for some time, you are in (or about to assume) your first real leadership position. *Leadership in Balance* will help you to see and understand your natural tendency in each of four essential leadership domains.

Once you’ve identified your true and natural tendencies, you become self-aware of your default position as a leader. Armed with that knowledge, and as you become situationally aware of your team and the environment, you will learn to see when the situation demands a shift in order to find balance between you and the environment where you lead.

Understanding the concepts of *Leadership in Balance* will allow leaders at all levels to become immediately more effective and infinitely more productive.

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### Editorial Review

#### Review

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*"This must-read book provides a grounded, commonsense approach to helping students and practitioners of leadership understand themselves, the environments in which they lead, and how to adjust their natural leadership tendencies to get their teams to do what must be done. Mike illustrates each aspect of his approach with personal examples, and provides useful insights into how leaders may become better at the craft of leadership."*

--**Colonel Hank Kinnison**, U.S. Army (Retired)

*"Few of us are born with the innate talent to lead. Mike Lerario shows us how. He argues if we understand our tendencies, and the situation, we can adjust or move the fulcrum to provide leadership in balance. This is a must read for leaders and managers each of whom must be able both."*

-- **Colonel Gregory Fontenote**, U.S. Army, Retired

*"...An excellent approach to leadership. The real-world, first hand examples of leadership challenges lend tremendous credibility to the Fulcrum Centric approach ... superb ... an easy read. I strongly recommend it to junior and senior leaders in all walks of life - industry, military and academia."*

--**Joseph W. Kinzer**, Lieutenant General U.S. Army, Retired

#### From the Back Cover

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years on active duty. Upon his retirement from the Army in 2006, Mike went to work as a consultant advising Fortune 500 Companies, professional sports teams and government agencies in leadership and organizational effectiveness. In 2014 he founded Crispian Consulting, Inc. and serves as president and principal consultant. He and his wife, Martha, have been married for thirty-two years and have two sons, a daughter-in-law, and two grandchildren.

#### About the Author

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