



Awakening Inner Guru

By Banani Ray, Amit Ray

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The book is about awakening your inner wisdom, inner power, inner beauty and your inner Self. Living a fulfilling life is a skill that requires both practice and understanding. This book provides both. It can be used for inspiration, or as an instruction handbook. It contains several meditation and other practices for self improvement. It is a very comprehensive manual for Self realization. This book is must for any sincere for spiritual development. It can be read countless times for added insight. You may also enjoy reading this book if you really want to explore the full potential of your inner strength. It offers a very down-to-earth approach to understanding, in detail and simple language. For those who are truly interested to attain spiritual freedom and fulfillment in every sphere of life, this book is a practical and personal guidebook.

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