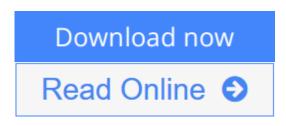


Generation Me - Revised and Updated: Why Today's Young Americans Are More Confident, Assertive, Entitled--and More Miserable Than Ever Before

By Jean M. Twenge



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The Associated Press calls them "The Entitlement Generation," and they are storming into schools, colleges, and businesses all over the country. They are today's young people, a new generation with sky-high expectations and a need for constant praise and fulfillment. In this provocative new book, headline-making psychologist and social commentator Dr. Jean Twenge documents the self-focus of what she calls "Generation Me" -- people born in the 1970s, 1980s, and 1990s. Herself a member of Generation Me, Dr. Twenge explores why her generation is tolerant, confident, open-minded, and ambitious but also cynical, depressed, lonely, and anxious.

Using findings from the largest intergenerational study ever conducted -- with data from 1.3 million respondents spanning six decades -- Dr. Twenge reveals how profoundly different today's young adults are -- and makes controversial predictions about what the future holds for them and society as a whole. But Dr. Twenge doesn't just talk statistics -- she highlights real-life people and stories and vividly brings to life the hopes and dreams, disappointments and challenges of Generation Me.With a good deal of irony, humor, and sympathy she demonstrates that today's young people have been raised to aim for the stars at a time when it is more difficult than ever to get into college, find a good job, and afford a house -- even with two incomes. GenMe's expectations have been raised just as the world is becoming more competitive, creating an enormous clash between expectations and reality. Dr. Twenge also presents the often-shocking truths about her generation's dramatically different sexual behavior and mores.

GenMe has created a profound shift in the American character, changing what it means to be an individual in today's society. Engaging, controversial, prescriptive, and often funny, *Generation Me* will give Boomers new insight into their offspring, and help GenMe'ers in their teens, 20s, and 30s finally make sense of themselves and their goals and find their road to happiness.

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Editorial Review

From Publishers Weekly

In their 2000 book, *Millennials Rising*, Neil Howe and William Straus argued that children born after 1982 will grow up to become America's next Greatest Generation—filled with a sense of optimism and civic duty—but according to San Diego State psychology professor Twenge, such predictions are wishful thinking. Lumping together Gen-X and Y under the moniker "GenMe," Twenge argues that those born after 1970 are more self-centered, more disrespectful of authority and more depressed than ever before. When the United States started the war in Iraq, she points out, military enlistments went down, not up. (Born in 1971, Twenge herself is at the edge of the Me Generation.) Her book is livened with analysis of films, magazines and TV shows, and with anecdotal stories from her life and others'. The real basis of her argument, however, lies in her 14 years of research comparing the results of personality tests given to boomers when they were under 30 and those given to GenMe-ers today. Though Twenge's opinionated asides may occasionally set Gen-X and -Yers' teeth on edge, many of her findings are fascinating. And her call to "ditch the self-esteem movement" in favor of education programs that encourage empathy and real accomplishment could spare some Me-ers from the depression that often occurs when they hit the realities of today's increasingly competitive workplace. (*Apr.*)

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From **Booklist**

A new book tackles the 18-to-35-year-old generation's problems--those they face and those they create. Twenge's book is comprehensive and scholarly, filled with statistics and thoughtful observations about the group she's dubbed *Generation Me*. These young people were raised with the idea of self-esteem being more important than achievement, which has caused them to place the self above all else. Such beliefs also have created a generation of young people who believe every dream is attainable but who aren't prepared to deal with discovering it isn't so. Twenge notes that today's young parents are especially lenient with their children and reluctant to discipline them, suggesting that perhaps the next generation will be even worse off. Twenge believes Generation Me would benefit from a heavy dose of realism. Accessible and a must-read for the generation they address. *Kristine Huntley*

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Review

"Dr. Twenge provides an insightful analysis of the young adults she labels 'GenMe' -- their supreme selfconfidence in their own worth, their concern with doing things 'their way,' and the benefits and costs that come from their focus on themselves. Twenge draws upon her outstanding research to describe generational differences and their sources, lending an authority to her analysis that few previous commentators on GenMe have enjoyed."

-- Susan Nolen-Hoeksema, Ph.D., professor, Yale University, and author of Women Who Think Too Much

Users Review

From reader reviews:

Lonnie Bowers:

As people who live in the actual modest era should be revise about what going on or details even knowledge to make these keep up with the era which is always change and move ahead. Some of you maybe can update themselves by reading books. It is a good choice for yourself but the problems coming to anyone is you don't know what type you should start with. This Generation Me - Revised and Updated: Why Today's Young Americans Are More Confident, Assertive, Entitled--and More Miserable Than Ever Before is our recommendation to help you keep up with the world. Why, because this book serves what you want and want in this era.

Heather Goodson:

The knowledge that you get from Generation Me - Revised and Updated: Why Today's Young Americans Are More Confident, Assertive, Entitled--and More Miserable Than Ever Before may be the more deep you digging the information that hide inside the words the more you get serious about reading it. It does not mean that this book is hard to recognise but Generation Me - Revised and Updated: Why Today's Young Americans Are More Confident, Assertive, Entitled--and More Miserable Than Ever Before giving you buzz feeling of reading. The writer conveys their point in specific way that can be understood by simply anyone who read that because the author of this e-book is well-known enough. This specific book also makes your vocabulary increase well. It is therefore easy to understand then can go with you, both in printed or e-book style are available. We recommend you for having this particular Generation Me - Revised and Updated: Why Today's Young Americans Are More Confident, Assertive, Entitled--and More Miserable Than Ever Before instantly.

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