



Drugs in Sport

From Routledge



Drugs in Sport From Routledge

Drug use and abuse is perhaps the biggest challenge facing sport today. However, in the eye of the storm of public and press opinion and with medals and morals at stake, it can be difficult to gain a clear perspective on this complex issue. Now available in a fully updated and revised sixth edition *Drugs in Sport* is the most comprehensive and accurate text available on the subject. Taking into account the latest regulations, methods and landmark cases, the book explores the hard science behind drug use in sport as well as the ethical, social, political and administrative context. Key topics include:

- Mode of action and side effects of each major class of drugs used in sport
- Discussion of cutting-edge issues such as gene doping and athlete biological passports
- The latest doping control regulations of the World Anti-Doping Agency (WADA)
- Issues surrounding non-prohibited substances and ergogenic aids in supplements
- Medical and pharmaceutical services at major sporting events
- An assessment of the prevalence of drug taking in sport

Accessibly written, extensively referenced, and supported throughout with illustrative case studies and data, *Drugs in Sport* provides a comprehensive, objective resource for students and researchers, athletes, sports scientists and coaches, journalists, sports administrators and policymakers.

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Editorial Review

About the Author

David R. Mottram is Emeritus Professor of Pharmacy Practice at Liverpool John Moores University, UK. His teaching and research interests have centred on the use of drugs in sport. He is the editor of five previous editions of *Drugs in Sport*. He was a member of the Pharmacy Planning Committee of the London Organising Committee for the 2012 Olympic and Paralympic Games.

Neil Chester is a Senior Research Officer at Liverpool John Moores University, UK. His teaching and research has an anti-doping focus specifically concerning over-the-counter stimulants, sports supplements, and the adverse health effects of long-term use of anabolic agents. He has published widely in the area and is a member of the UK Anti-Doping Research Steering Committee.

Users Review

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