



The Slow Food Guide to New York City: Restaurants, Markets, Bars

By Patrick Martins, Ben Watson

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A deliciously different guide for native New Yorkers and visitors alike, with a broad yet discriminating view of the Big Apple's incredibly rich "food landscape." Compiled and written by passionate food-lovers who know the city inside and out, this unique guide covers not only the fancy four-star restaurants but the neighborhood hangouts and hidden treasures that make New York City such an international culinary destination.

The Slow Food Guide to New York City celebrates the foods and cuisines of the city's finest restaurants, green markets, specialty food shops, bars, and late-night spots. What all these places share is a commitment to the values of the international Slow Food movement: Artisanship, Conviviality, Eco-Gastronomy, Freshness, Sustainability, Tradition, and Typicality.

Slow Food is dedicated to:

- stewardship of the land and ecologically sound food production
- revival of the kitchen and the table as centers of pleasure, culture, and community
- invigoration and proliferation of regional, seasonal culinary traditions
- living a slower and more harmonious rhythm of life

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Editorial Review

From Publishers Weekly

This excellent guidebook celebrates the strong presence the slow food movement has in New York City, where "the number of artisanal food producers... is at once staggering and impressive." Offering suggestions on restaurants, delis, bars, food stores and markets, Martins and Watson include a price index for each entry as well as the slow food movement's trademark snail logo next to names of institutions that work extra hard to promote slow food. Breaking down their list by cuisines, the authors highlight Craft and Verbena as examples of American cuisine, and Soba Nippon and Honmura An for Japanese. All of Mario Batali's restaurants are listed under Italian, as well as Al Di La Trattoria in Park Slope, Brooklyn. Martins and Watson, careful not to overlook local bars and pubs, also include such night spots as the Brooklyn Brewery and d.b.a. While not all restaurants or bars prepare their own food or drink, the ones listed here are New York institutions with a long history of serving New Yorkers.

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Review

A comprehensive and authoritative field guide to the culinary landscape of New York City. -- *Michael Pollan, author of The Botany of Desire*

The folks at Slow Food know where to find the best food in New York. Buy this book! -- *Eric Schlosser, author of Fast Food Nation*

About the Author

PATRICK MARTINS is the Executive Director of Slow Food USA.

BEN WATSON is an author and editor whose recent books include *Slow Food* (Chelsea Green, 2001) and *Cider, Hard and Sweet* (Countryman Press, 1999).

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From reader reviews:

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