



How to Pray Always

By Raoul Plus

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How to Pray Always By Raoul Plus

Christ urges us to pray without ceasing, but when we try to do so, many of us simply cease without praying. We're distracted by troubles or duty or we quit just because it's late already and we are tired.

Fr. Raoul Plus's no-nonsense prayer manual, *How to Pray Always*, remedies these problems by dispelling the false notions of prayer we all have and showing how we can, in fact, pray without ceasing even at times when exhaustion cripples us and cares threaten to sweep us away.

Drawing on the experience of dozens of saints, Fr. Plus explains sure ways we can recollect ourselves before prayer so that once we begin to pray, our prayers will be richer and more productive; he teaches us how to practice interior silence habitually, even in the rush and noise of the world; and he explains each of the kinds of prayer and shows when we should and should not employ each.

As humans, our minds are limited and it's generally hard for us to pay attention to more than a few things at once. That's why most of us aren't able to think of God or pray while we fulfill any but the most mindless of our daily duties.

No problem.

For such busy occasions (which constitute most of the time for most of us), Fr. Plus explains how we can pray without words by keeping our wills united to God even when our minds must be directed elsewhere.

In other words, *How to Pray Always* is one of those rare books that actually fulfills the promise of its title. It helps us become better Christians by showing us how to know, to love, and to serve God, and to live prayerfully and constantly in His loving presence.

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Editorial Review

From the Inside Flap

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About the Author

Plus was born in Boulogne-sur-Mer, France, where he attended the Jesuit college. In 1899 he entered the Jesuit novitiate in Amiens and was ordained there. Because of laws that persecuted religious orders at that time, Fr. Plus had to leave France in 1901 and did not return from this exile for ten years, during which time he studied literature, philosophy, and theology in Belgium and Holland. He also taught courses in the field of humanities. At the advent of World War I, Fr. Plus enlisted as a soldier, and subsequently as a chaplain. It was during this time that he began to write.

Users Review

From reader reviews:

Tony Edwin:

A lot of people always spent their very own free time to vacation or perhaps go to the outside with their family or their friend. Were you aware? Many a lot of people spent many people free time just watching TV, or playing video games all day long. If you need to try to find a new activity this is look different you can read a new book. It is really fun for you personally. If you enjoy the book that you just read you can spent the whole day to reading a publication. The book *How to Pray Always* it is quite good to read. There are a lot of those who recommended this book. These were enjoying reading this book. When you did not have enough

space to bring this book you can buy the e-book. You can more quickly to read this book from the smart phone. The price is not too costly but this book possesses high quality.

Carmen Russell:

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Rebecca Stark:

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