



## Crying for Help: The Shocking True Story of a Damaged Girl with a Dark Past

By Casey Watson

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### **Crying for Help: The Shocking True Story of a Damaged Girl with a Dark Past** By Casey Watson

The second book from Sunday Times bestselling author Casey Watson.

Two weeks after saying farewell to her first foster child, Casey is asked to look after Sophia, a troubled 12-year-old with a sad past. Sophia's actions are disturbing and provocative and, before long, Casey and her family find themselves in a dark and dangerous situation.

Two years ago Sophia's mother had a terrible accident. Sophia has been in care ever since.

Right away, Casey feels something isn't right. Sophia's a well-developed girl, who looks more like 18 than 12. She only seems to have eyes and ears for men, and treats all women with contempt and disgust. And she has everyone around her jumping through hoops.

Over time, as more details begin to emerge about Sophia's past, it becomes clear that her behaviour is a front for an early life filled with pain and suffering. But although Casey feels she is gradually breaking through to Sophia and getting her to open up about things she has never spoken about before, her violence is threatening the safety of the whole family, forcing Casey to question whether she can really handle this lost and damaged girl.

Both shocking and inspiring, this true story will shed new light on the extreme and sometimes dangerous nature of foster care.

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## **Crying for Help: The Shocking True Story of a Damaged Girl with a Dark Past** By Casey Watson **Bibliography**

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### **Editorial Review**

#### About the Author

Casey Watson is a specialist foster carer. She has been working in this field for six years after giving up her position as a behaviour manager for a local school. During this time she has welcomed 14 difficult to place children into her home.

As a specialist foster carer she works with profoundly damaged children, seeing each child through a specific behavioural modification programme, at the end of which they will hopefully be in the position to be returned either back to their family or into mainstream foster care.

Casey combines fostering with writing, usually late at night when the rest of the family is sleeping.

Casey is married with two grown-up children and three grandchildren.

The name Casey Watson is a pseudonym.

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