



## The Settlement Cook Book 1903

By Simon Kander, Henry Schoenfeld

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Imparting all the warmth and fragrance of an old-fashioned, turn-of-the-century kitchen, *The Settlement Cook Book* was originally devised as a cooking and homemaking primer for newly arrived immigrants. Filled with hundreds of recipes for good eating, this back-to-basics book is also good reading. A blend of hardy, old-fashioned dishes and simple recipes that will fit today's demanding lifestyles, the text covers everything from making roast chicken (with chestnut dressing) to the best way to dust a room.

Clearly detailed, easy-to-read directions tell how to create such tasty fare as griddle cakes, shrimp Creole, and mulligatawny soup; cheese fondue, oyster a la poulette, and other Continental specialties; as well as ethnic foods such as gefilte fish and matzo ball soup. Sections on preserving, canning, and pickling are interspersed with quaint "lessons" on how to sterilize milk, build a fire, and discern fresh eggs from stale ones.

A delightful culinary education from the days before convection ovens and "dream kitchens," *The Settlement Cook Book* is a treasury of Americana, a delightful sampling of cultural history that will enchant lovers of old cookbooks and well-prepared foods.

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## The Settlement Cook Book 1903 By Simon Kander, Henry Schoenfeld Bibliography

- Sales Rank: #317106 in Books
- Published on: 2005-07-26
- Released on: 2005-07-26
- Original language: English
- Number of items: 1
- Dimensions: 8.34" h x .45" w x 5.70" l, .52 pounds
- Binding: Paperback
- 224 pages

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