



The Skinny Juice Diet Recipe Book: 5lbs, 5 Days. The Ultimate Kick-Start Diet and Detox Plan to Lose Weight & Feel Great!

By CookNation

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- Do you want to activate a weight loss plan that could see you lose 5lbs in just 5 days?
- Are you ready to detox your body, cleanse your digestive system and revitalise yourself both mentally and physically?
- Do you want to start feeling GREAT?

If the answer to just one of these questions is **YES**, then juicing could be for you.

The Skinny Juice Diet Recipe Book will help you revitalise yourself in just **5 days** with a special **5 day plan**. Your body will feel rejuvenated, you could lose **5lbs in 5 days** and you'll be taking the first steps to a lifelong healthy relationship with fruit and vegetables in a way you had never thought possible. This book isn't just a quick-fix diet that ends in 5 days, it contains **70 juice and smoothie recipes** to kick-start a better lifestyle and introduce juicing into your existing diet.

So what are you waiting for?

Start your juicing journey today and change your life forever!

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