



The Divorce Remedy: The Proven 7-Step Program for Saving Your Marriage

By Michele Weiner Davis

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Michele Weiner-Davis offers an empowering and encouraging guide for revitalizing marriage and building stronger, more loving bonds.

Michele Weiner-Davis goes beyond her marriage-saving bestseller, *Divorce Busting*, with this empowering and encouraging guide for revitalizing marriage and building stronger, more loving bonds. In a down-to-earth style that is free of psychobabble, Weiner-Davis outlines a realistic, solution-oriented seven-step program for managing marital problems, which, when left unchecked, can drain the life out of a relationship. Using revealing anecdotes and in-depth case studies, she illustrates practical ways for marriage partners to

- avoid the “divorce trap”
- identify specific marriage-saving goals
- move beyond ineffective, hurtful ways of interacting
- become an expert on “doing what works”
- overcome infidelity, Internet obsessions, depression, sexual problems, and midlife crises
- get your marriage back on track—and keep it there

Rescue your marriage with the proven techniques of *The Divorce Remedy*—sound, sensible advice from a renowned relationship expert!

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Editorial Review

Amazon.com Review

In the United States, half of all marriages do *not* end in divorce--despite the interference of hell-bent lawyers, biased therapists, the media, and even well-meaning friends. *The Divorce Remedy* aims to increase this percentage by offering seven clear steps that couples--or even one hopeful spouse--can implement privately. A therapist herself, relationship expert Michele Weiner Davis accurately (and often humorously) shows how typical counseling and communications tactics backfire. Her method for saving a marriage involves an effective blend of subtle and obvious action steps, each taken in specific order. After a myth-busting lecture on the realities of divorce, Weiner Davis thoroughly outlines her simple plan. Intimidating discussion topics and emotional letter writing are not required; as she succinctly puts it, "happiness is a do-it-yourself job." Poignant questions help readers define their own needs, set specific marriage goals, and monitor results. Weiner Davis pays special attention to issues of infidelity, depression, midlife crises, and "passion meltdowns," showing how basic relationship skills (like understanding and patience) can reverse even the most dire marital scenarios. Clients' stories and letters provide ample testimony for the program's success, and despite her own zealous back-patting, Weiner Davis's sensible approach to revitalizing one's marriage seems truly worthy of praise and practice. --*Liane Thomas*

From [Booklist](#)

Therapist, relationship expert, and author of several books, including the best-seller *Divorce Busting* (1992), Davis continues her quest to save sick marriages with this, her latest, self-help book. Davis shares her no-frills seven-step program for revitalizing marriages that are in trouble. Free from "therapy-speak," and easy to understand and follow, this book should benefit readers who have the strength and desire to try to save a floundering marriage. In a reassuring, conversational tone, Davis shows readers how to identify specific marriage-saving goals, how to move beyond ineffective and hurtful ways of interacting with spouses, and how to look for positive signs of change in your marriage while also remaining calm, patient, and optimistic. Packed with helpful anecdotes and sound advice, Davis' book offers solutions and hope for many different types of marriage problems even if only one partner is participating. With nearly half of all U.S. marriages ending in divorce, and with Davis' proven track record, expect demand for this book. *Kathleen Hughes*
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Review

John Gray author of *Men are from Mars, Women are from Venus* Weiner Davis provides a road map for finding your way back to a loving marriage.

Pat Love author of *The Truth about Love* Poignant, powerful, practical, full of hope. Michele Weiner Davis lives up to her reputation as one of the foremost marriage educators of our culture.

Users Review

From reader reviews:

John Dudley:

The book *The Divorce Remedy: The Proven 7-Step Program for Saving Your Marriage* make one feel enjoy for your spare time. You need to use to make your capable more increase. Book can for being your best

friend when you getting stress or having big problem along with your subject. If you can make examining a book *The Divorce Remedy: The Proven 7-Step Program for Saving Your Marriage* to become your habit, you can get a lot more advantages, like add your current capable, increase your knowledge about many or all subjects. It is possible to know everything if you like start and read a e-book *The Divorce Remedy: The Proven 7-Step Program for Saving Your Marriage*. Kinds of book are several. It means that, science reserve or encyclopedia or other people. So , how do you think about this book?

Christine Pena:

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Silvia Smedley:

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Virgil Santamaria:

The book untitled *The Divorce Remedy: The Proven 7-Step Program for Saving Your Marriage* contain a lot of information on that. The writer explains the girl idea with easy means. The language is very easy to understand all the people, so do definitely not worry, you can easy to read that. The book was authored by famous author. The author will bring you in the new period of literary works. You can read this book because you can please read on your smart phone, or gadget, so you can read the book within anywhere and anytime. If you want to buy the e-book, you can open their official web-site and order it. Have a nice study.

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