



Past Lives, Future Healing: A Psychic Reveals the Secrets to Good Health and Great Relationships

By Sylvia Browne, Lindsay Harrison

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The one expert millions of readers have learned to trust, one of the few psychics instantly recognizable to television viewers, Sylvia Browne is back. She has proven herself, in her fifty years of working as a medium, to be the reigning queen of psychic phenomena. Here is an insightful look at how much of one's present life is informed by one's past lives, and how many health and relationship problems have their roots in unresolved past lives. From unexplained illnesses to bizarre phobias, from irrational anxieties and fears to the choice of partners, each can be traced back to past lives. Even birthmarks and recurring dreams are signs of issues from past lives. Sylvia helps readers recognize where their deep-rooted problems, fears, and hang-ups all began-and how to ultimately resolve them.

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Editorial Review

Amazon.com Review

You've got to hand it to the renowned celebrity psychic Sylvia Browne--she gives it straight from the gut and really doesn't give a hoot whether you believe her. As a result, it's hard to not be captivated and convinced by her firm belief in the afterlife, or in this case, the *beforelife*. Her writing is most riveting when she uses her storytelling voice, relating dialogue from client sessions that include past-life stories. In fact, she opens the book with a scene in which she follows the small clues offered by an agoraphobic to help him reveal that a past-life poisoning (when he was an Aztec ruler) had been crippling his present life. Throughout the book, Brown continues to use real-life client stories to show how past-life baggage can weigh down a present life. The final chapters offer how-to lessons on conducting your own past-life regression and healing sessions. Be warned: Browne's writing sometimes sounds like the channeled writing that was popular in the late 1980's: "The miraculous gift of eternity means that the singular essence that is you will always, always exist." But readers may forgive her these lapses, as she clearly writes from heartfelt convictions rather than a stylized formula. --*Gail Hudson*

From Library Journal

So what is the secret of staying healthy and happy in this life? Understanding past lives, argues best-selling psychic Brown, who gives us some special guidance here.
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From the Inside Flap

The Other Side and Back and *Life on the Other Side* were phenomenal #1 *New York Times* bestsellers. Now world-renowned psychic Sylvia Browne returns with a book that takes her millions of devoted readers on an extraordinary journey of past lives.

From two-time #1 bestselling author Sylvia Browne comes a remarkable book that shows how our past lives affect everything from our relationships to our health and well-being.

With millions of copies of her book in print, Sylvia Browne has proven herself the reigning expert on psychic phenomena. In her newest book, the *New York Times* bestselling author takes us into the mysteries of our own bodies in a comprehensive guide that explores the far-reaching influence the afterlife can have on our health and happiness in this life.

With the unique understanding, sensitivity, and profound insight that distinguished her previous books, Browne gives us an unprecedented look at the way so many of our health and relationship problems have their roots in our unresolved past lives: from unexplained illnesses to bizarre phobias, from irrational anxieties and fears to the partners and loves we choose. Even birthmarks and recurring dreams can be traced directly back to these past existences. In the friendly, no-nonsense style that her fans adore, Browne shares amazing and inspiring real-life stories of people who have transformed their lives through understanding their previous existences.

PAST LIVES, FUTURE HEALING takes readers on another fascinating odyssey into the other side. And like her earlier books, this will not only help people lead more satisfying and fulfilling lives, but will illuminate a hitherto unknown path to overcoming many of the most frustrating and devastating physical and emotional problems that can occur in life.

Users Review

From reader reviews:

Kristy Douglas:

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Gwendolyn Harrison:

A lot of people always spent their particular free time to vacation or maybe go to the outside with them family or their friend. Did you know? Many a lot of people spent they free time just watching TV, or even playing video games all day long. In order to try to find a new activity that's look different you can read some sort of book. It is really fun in your case. If you enjoy the book which you read you can spent all day every day to reading a reserve. The book Past Lives, Future Healing: A Psychic Reveals the Secrets to Good Health and Great Relationships it doesn't matter what good to read. There are a lot of those who recommended this book. These people were enjoying reading this book. If you did not have enough space to bring this book you can buy the e-book. You can m0ore effortlessly to read this book from your smart phone. The price is not too costly but this book possesses high quality.

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