



## Passport to Beauty: Secrets and Tips from Around the World for Becoming a Global Goddess

By Shalini Vadhera

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### Passport to Beauty: Secrets and Tips from Around the World for Becoming a Global Goddess By Shalini Vadhera

Throughout the world, every country has age-old, time-tested secrets that women use for looking and feeling beautiful. Shalini Vadhera, celebrity make-up artist and internationally recognized beauty expert takes you on an adventure -- to Europe, Asia, Africa, the United States, South America, Australia and beyond - revealing secrets for luxurious hair, glowing skin, and more.

*Passport to Beauty* features unique, yet simple beauty tips and techniques as well as instructions for creating cleansing masks, exfoliation blends, and moisturizers for hair and body. Learn how women around the world stay beautiful:

- turn back the hands of time with a white clay mask like Australian beauties do
- refresh your complexion with white tea – an ancient Chinese anti-aging secret
- use coconut oil for glossy, shimmering hair as South Asian women have done for centuries

A beauty treatment and make-over with an exotic flair is only as far away as your local grocery store – learn how to unleash the beatifying power of yogurt, lemon, olive oil, honey, and other surprising ingredients. Additionally, Shalini Vadhera will introduce you to the secrets of spices, natural remedies, and spa treatments from around the globe.

And once you've got your skin and hair looking wonderful, Shalini Vadhera dips into her bag of international beauty tricks and reveals a multitude of techniques for selecting and applying make-up and always looking your absolute best.

No matter *your* latitude or longitude on the globe, by using the information in this book you can truly become a global goddess!

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### Editorial Review

From Publishers Weekly

Globe-trotting celebrity makeup artist Vadhera's approach to world-wise beauty is simple: if something tastes good, why not put it on your face? Organized into fun jaunts in each continent, Vadhera kicks off her world tour with makeup tips borrowed from European sisters who "aren't afraid to use a colorful palette to make a statement." It's refreshing (if not exactly groundbreaking) that Vadhera uses a "less is more" philosophy, emphasizing the power of deep sleep over heavy foundations and concealers. Her tour of the East includes the assertion that sake is an "all-around miracle worker" for skin, and insists that readers add a cup of the rice wine to a hot bath for "whole-body detoxification." Even if few blushing brides will be brave enough to faithfully recreate the author's "Indian Bridal Glow Mask" that boasts chickpea flour, turmeric and almond oil, "Jacqueline's Okra Hydrating Mask" at least bears the promise of a few relaxing moments despite what the author concedes is a "slimy consistency." Continuing a world tour with brief stops in Australia, the Americas and Africa (to tout those notorious elixirs of beauty-butter and brewed peel of quince fruit), Vadhera proves herself a fun-loving guide to culinary cosmetics.

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From the Back Cover

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About the Author

**Shalini Vadhera**, celebrity make-up artist, has extensive broadcast and print media experience. She has appeared on *The Early Show*, *Fox News*, *Entertainment Tonight*, and has written articles and given

interviews in *Glamour*, *Shape*, *Good Housekeeping*, *Redbook*, and *Self* among others. She has recently launched a make-up and skincare line called Global Goddess.

## **Users Review**

### **From reader reviews:**

#### **Mary Ehlers:**

As people who live in the modest era should be revise about what going on or info even knowledge to make them keep up with the era which is always change and move ahead. Some of you maybe can update themselves by examining books. It is a good choice for you personally but the problems coming to you is you don't know what one you should start with. This Passport to Beauty: Secrets and Tips from Around the World for Becoming a Global Goddess is our recommendation to help you keep up with the world. Why, because this book serves what you want and want in this era.

#### **Brandon Huff:**

This Passport to Beauty: Secrets and Tips from Around the World for Becoming a Global Goddess tend to be reliable for you who want to be considered a successful person, why. The main reason of this Passport to Beauty: Secrets and Tips from Around the World for Becoming a Global Goddess can be one of the great books you must have is usually giving you more than just simple reading food but feed an individual with information that might be will shock your earlier knowledge. This book is actually handy, you can bring it just about everywhere and whenever your conditions in the e-book and printed people. Beside that this Passport to Beauty: Secrets and Tips from Around the World for Becoming a Global Goddess forcing you to have an enormous of experience such as rich vocabulary, giving you test of critical thinking that we all know it useful in your day pastime. So , let's have it appreciate reading.

#### **Ida Torres:**

Reading can called thoughts hangout, why? Because when you find yourself reading a book specially book entitled Passport to Beauty: Secrets and Tips from Around the World for Becoming a Global Goddess your brain will drift away trough every dimension, wandering in each aspect that maybe not known for but surely will become your mind friends. Imaging each word written in a reserve then become one application form conclusion and explanation in which maybe you never get before. The Passport to Beauty: Secrets and Tips from Around the World for Becoming a Global Goddess giving you a different experience more than blown away your head but also giving you useful data for your better life on this era. So now let us demonstrate the relaxing pattern at this point is your body and mind will be pleased when you are finished looking at it, like winning an activity. Do you want to try this extraordinary wasting spare time activity?

#### **Betty Hood:**

This Passport to Beauty: Secrets and Tips from Around the World for Becoming a Global Goddess is great guide for you because the content which can be full of information for you who always deal with world and get to make decision every minute. That book reveal it info accurately using great organize word or we can

declare no rambling sentences within it. So if you are read this hurriedly you can have whole information in it. Doesn't mean it only gives you straight forward sentences but difficult core information with splendid delivering sentences. Having Passport to Beauty: Secrets and Tips from Around the World for Becoming a Global Goddess in your hand like obtaining the world in your arm, info in it is not ridiculous just one. We can say that no e-book that offer you world throughout ten or fifteen tiny right but this book already do that. So , this is good reading book. Hey there Mr. and Mrs. stressful do you still doubt that?

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